

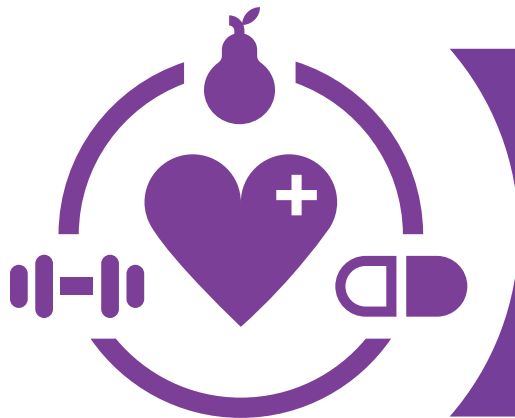


360°

Aetna Funding Advantage

Full circle health & wellness

Aetna Funding Advantage (AFA) is a health plan that thinks bigger. It offers big opportunities for savings and big support for your employees. With AFA, your employees have tools and resources they need to stay happy, healthy and productive – in all aspects of their lives. It's a 360° approach to member wellbeing.



Physical Health & Wellness

Financial Support

Mental & Emotional Health

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company and its affiliates (Aetna). Aetna Funding Advantage (AFA) plans are self-funded, meaning the benefits coverage is offered by the employer. Aetna Life Insurance Company only provides administrative services and offers stop loss insurance coverage to the employer.

Our value-added programs

Physical health and wellness

Disease Management – helps employees actively manage their health conditions (covers more than 35 health conditions) through nurse counseling and online programs – includes the technology of our MedQuery® program, which compares member data to medical industry standards to identify and alert physicians of opportunities to improve care.

Enhanced Clinical Review – helps members get the right test or procedure at a quality, cost-effective facility. Medical specialists review and approve or decline requests for high-tech procedures from physicians.

Personal Health Record and Simple Steps to a Healthier Life® – provides an easy way for members to access and manage their medical history, prescriptions and treatment plans right on our secure member website. They can also access a health assessment through Simple Steps to a Healthier Life. With more than a dozen online coaching programs, Simple Steps also helps employees with a wide variety of needs meet their health goals.

Chat with a nurse or doctor – connects employees to the Informed Health Line® which can provide information on tests, procedures and treatment options. They can also talk directly to a doctor through Teladoc®.

Teladoc offers 24/7 access to board-certified, telemedicine-trained doctors via phone and video through the website and Teladoc mobile app. These doctors are able to resolve common health issues.

Maternity care – offers support to women through mobile app and education mailings during pregnancy and even after their baby is born. The free program includes personalized nurse support for women with at-risk pregnancies.

Apple Watch® – is the leading wearable and helps employees and their spouses or partners live healthier lives with built-in Move, Stand and Exercise reminders, and other support. Employees can get a watch for as low as \$25 and their enrolled spouses or partners can get one for as low as \$50 through our enrollment platform - Springboard Marketplace.

Peerfit® – helps employees stay active with four free group fitness classes, on average, a month at any gym or fitness center that participates in the Peerfit network –fitness classes include Yoga, Barre, CrossFit, Kickboxing and more.

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Mental & Emotional Health

Aetna/AbleTo – offers 8 week behavior health therapy, coaching and digital tools to members going through life changes or who have medical conditions like diabetes or cancer. Our national outpatient provider group use videoconferencing to provide both therapy and behavior coaching.

Televideo Services – help members access behavioral health counseling from licensed clinicians without having to travel to a provider's office. Our televideo providers will assess members, using the American Telemedicine Association guidelines, to determine if televideo is clinically appropriate or if the member needs a higher level of care.

Condition Management – supports the highest risk/high cost members with behavioral health conditions through a combination of disease and case management. We provide a comprehensive member and caregiver support model designed to improve overall member wellness and recovery

Employee Assistance Program (EAP) – assists employees and their household members with all aspects of life from emotional well-being and substance misuse to childcare and financial challenges. The Aetna Resources for Living® program is free with Aetna Funding Advantage and available 24/7 by phone or mobile app.

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies. Those companies include Aetna Life Insurance Company, Aetna Health Inc. and Aetna Health Insurance Company of New York (Aetna).

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Peerfit, Inc. is an independent provider of fitness and wellness technologies, empowering individuals to live healthy and active lifestyles by making wellness accessible and enjoyable through the power of choice and community-driven motivation.

Aetna Resources For LivingSM is the brand name used for products and services offered through the Aetna group of subsidiary companies. The EAP is administered by Aetna Behavioral Health, LLC and in California for Knox-Keene plans, Aetna Health of California, Inc. and Health and Human Resources Center, Inc.

All EAP calls are confidential, except as required by law. This material is for informational purposes only. It contains only a partial, general description of programs and services and does not constitute a contract. EAP instructors, educators and network participating providers are independent contractors and are neither agents nor employees of Aetna. Aetna does not direct, manage, oversee or control the individual services provided by these persons and does not assume any responsibility or liability for the services they provide and, therefore, cannot guarantee any results or outcomes. The availability of any particular provider cannot be guaranteed and is subject to change. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to aetna.com.

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Financial Health

HRA/HSA Services – provides the administration and tools and resources for Health Reimbursement Accounts (HRAs) and Health Savings Accounts (HSAs). Through our secure member website and the PayFlex mobile app, members can learn how to maximize and track their HSAs.

Discount Program – saves members money on health and wellness expenses such as eye exams and eye gear, gym memberships and exercise equipment, hearing solutions, natural products and weight loss plans. Members can access discounts through our secure member website.

Support your employees from all angles

Talk to your broker or Aetna Representative about Aetna Funding Advantage (AFA) and our value-added programs